

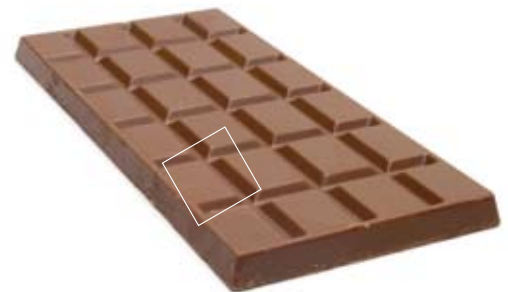


RAMADAN - THE CHOCOLATE STORY

This presentation aims to give children an understanding of why Muslims fast, and how testing it can be. It focuses around three simple concepts of why a Muslim might fast:

- to think of the poor and needy
- to develop patience, self-control and self-discipline
- to please God and get close to Him

- ◆ Get the children to close their eyes and imagine that they're fasting as a Muslim would fast. They come downstairs, walk into the kitchen and see a bar of chocolate on the table (Take in a small bar of Galaxy/Dairy Milk to demonstrate)
- ◆ Ask the children what should they do?
- ◆ Then remind them of the 3 points above: (BUT you're fasting! 1) self-control 2) what about those who don't have food? 3) loving God and wanting to please Him
- ◆ So they leave the chocolate, distract themselves, go about their business, but then return to the kitchen a couple of hrs later only to find the chocolate has grown and is looking more tempting! (replace the small chocolate bar with a large Galaxy bar to demonstrate – please be prepared the children do get quite excited at this stage!)
- ◆ Again, ask children what they would do and remind them of the three points. (you could use actions to enforce these three simple points also)
- ◆ Again they walk away, distract themselves, go about their business, but then return to the kitchen a couple of hrs later, close to the time of breaking the fast now. But the chocolate has got even bigger (now bring out a HUGE galaxy bar)...and tell them, the chocolate is jumping up and down saying 'eat me, eat me'....again ask what do you do, and remind them of 3 points...
- ◆ Muslims fast like this every day for 30 days..... (continue as necessary).



You could offer to leave the chocolate for the teacher to distribute to the best behaved class - its amazing what well-behaved children you get after that!

